

ORDER OF SERVICE  
November 5, 2023

Gathering Music

Introit                      “Carry Me”                      David Burrows,  
arr. Keith Arnold

Call to Worship

\*Opening Hymn              “We Give Thanks”              No. 1010 [STJ]

Chalice Lighting

Unison Affirmation

Love is the doctrine of this church,  
The quest for truth its sacrament,  
And service its prayer.  
To dwell together in peace,  
To seek knowledge in freedom,  
To serve human need,  
To the end that all souls shall  
grow into harmony with the divine —  
Thus do we covenant  
with each other and with God.

Joys and Sorrows

Poem                      “Adrift”                      by Mark Nepo  
from *Inside the Miracle: Enduring Suffering, Approaching Wholeness*

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*\*Please rise in body or in spirit.*

Musical Meditation              “Comfort Me”

*Comfort me, oh my soul.  
Speak for me, oh my soul.  
Breathe with me, oh my soul.*

Offertory                      *Gnossienne No. 4*                      Erik Satie

Our 50/50 split this month benefits **St. Stephen’s Food Pantry** in Lynn.

*We share our Sunday morning offering each month with an organization that is dedicated to alleviating human suffering or oppression. The collection will benefit both the church and organization:*

- *all loose cash in the collection plates will be split on a 50/50 basis between the church and the organization*
- *checks payable to the church will go only to the church—and toward your pledge—unless otherwise designated (e.g. writing “50/50” on the memo line)*
- *all checks payable to the organization will go to the organization*

Candles of Hope and Healing

Reading                      “My Grandmother’s Hands”              Resmaa Menakem

Anthem                      “He Ain’t Heavy, He’s My Brother”              Arr. Jay Althouse

Sermon                      “Healing the Soul Nerve”  
Rev. Dr. Victoria Weinstein

Hymn                      “Our World is One World”              No. 134 [STLT]

Sending Forth

Benediction

Congregational Response: *Amen*

Postlude                      *November*                      Pyotr Tchaikovsky

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*\*Please rise in body or in spirit.*

## TODAY'S WORSHIP TEAM

Rev. Dr. Victoria Weinstein, Parish Minister

Kenneth Griffith II, Director of Music

David Collins, Keyboard

The UUCGL Choir

Michael Martel, Usher

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## WE ARE A SPIRITUAL COMMUNITY

that gathers to explore deeper truths together,  
to support one another through the complexities and struggles  
of daily life, and to serve the greater good by becoming  
more compassionate in our thoughts, words, and actions.

Join with us to cultivate reverence, peacefulness,  
and an ethic of loving engagement with the world.

We are so glad that you're here today,  
whether you are a devoted member or a new visitor.

We hope to be a spiritual community  
you will consider becoming part of.

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Please join us for Fellowship Hour in the Parish Hall (to your right, as you exit the Sanctuary) after the service.

*A reminder: Fair Trade food items will be available for purchase in the Parish Hall during Fellowship Hour.*

## ANNOUNCEMENTS

Visit [uucgl.org](http://uucgl.org) for more information and additional announcements.

### Connecting Conversations

Today | 11:15am | Fellowship Room

Unity and Community is part of our vision of ministry. What does this look like for you? Rev. Vicki will lead a conversation about finding your ministry and connecting with UUCGL.

### The Rat Poison Problem: How Rodenticides Are Harming Wildlife, Pets, and People

Wednesday, November 8 | 7-8pm | Sanctuary

For more information and to reserve your seat, see [uucgl.org](http://uucgl.org)

### Dialogue Group

Wednesday, November 8 | 8-9pm | Zoom

### Plant-Based Cooking Group (FOR ALL AGES)

Thursday, November 9 | 5pm | UUCGL Kitchen

All are welcome! Please sign up if interested — visit [uucgl.org](http://uucgl.org) for more info.

### Church History Ministry Team Meeting

Sunday, November 12 | 11:30am-12:30pm | Skylight Room

### Sunday Evening Meditations

Sunday, November 12 | 4-5 pm | Sanctuary

Registration required for any/all Sundays you can attend. See [uucgl.org](http://uucgl.org)

### Sunday Evening Potluck Community Meal

Sunday, November 12 | 5pm | Parish Hall

### Wisdom Circle

Tuesday, November 14 | 12-1:30pm | Skylight Room

### Ancestry – Where to Start and How to Continue Tracing Your Family History

Tuesday, November 14 | 1:30-2:30pm

All are welcome. See [uucgl.org](http://uucgl.org) for sign-up information.

### Saturday Craft Circle

Saturday, November 18 | 10am-2pm | Skylight Room

### “Drumagic” Community Drum Circle

Sunday, November 19 | 1:30-3:30 pm | Sanctuary

#### SAVE THE DATE

Our Holiday Party for the Lynn Shelter Association will take place on December 16th!

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See more events at [www.uucgl.org](http://www.uucgl.org)